



SUBLIMINAL MESSAGES

As far as the statements and directions, which are featured on the subliminal portion of this recording, here they are.

As you can see, none of them are too scary.

You are a writer, an author with a divine message, and it is time to release that author within you right here and now, when your real and soul self, as well as the world, is ready and anxious for you to express what it is that is longing to be born through you.

Writing a work of any length or style is easy. All it translates to is letting go and allowing all that your Author Within wants to share to be expressed.
That's all.

You are doing that now. You are allowing the words to just stream out of you.	You are allowing them to position themselves on the page wherever they want.
You are allowing them to express themselves as fast as they want.	You are allowing them to pour out of you now.

You are allowing what it is that has been waiting to be released to flow out of you, easily, smoothly, joyfully by writing quickly and exhaling deeply any and all resistance you may be experiencing.

You are not taking time to read what you are writing.
There is no time for that.

You are not taking any time to do any research or to check your spelling or grammar.
There is no time for that right now.
That all will be taken care of later.

When employed in conjunction with the relaxation component of this recording which precedes the subliminal portion, these directions and statements will let you to both permanently uncover and then express the author you truly are.